

*The Impact of Mothers
(and Fathers) On Our Lives
and God's Desire for Our Relationships*

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Dr. Holly Orozco

Mother's Day Facts:

- Origin: Pagan celebration of goddesses
- U.S. Origin: Julia Ward Howe; Ana Jarvis
- Approx. 82.8 million mothers in U.S.
- Stay-at-home moms: about 5.6 million (2006)
- Holiday with a mixed bag of emotions

Why Is This Teaching Important?

- Demonstrates God's powerful love for us (He created mothers and established their unique role for our lives)
- Emphasizes God's desire for our emotions and our relationships (influenced by our mother AND our father)
- Demonstrates His desire for us to love ourselves, others and Him more completely (healing of our emotions; mother/father areas of wounding)
- Declares His will for us to carry forward the blessings and Godly beliefs we have inherited from our parents (claim our inherited riches)

Importance of Mothers (fathers, first caregivers)

- Importance of mother's love: nurture, touch, eye contact, communication, role modeling; bonding, attachment
- Mother's continued role of nurture establishes security, empathy and compassion.
- Scientists believe attachment to mother, father, or caregiver is how our conscience is developed; self concept, confidence, and ability to regulate emotional impulses.
- Relationship with mother, father, caregiver is building block to having relationships (with self, others & GOD!!!)

God's Desire for Our Emotions and Our Relationships

- God is relational. He established relationships.
- God acknowledged Jesus as His son (Matt. 3:17; Matt. 17:5). He affirmed him.
- He created us to be triune beings; spirit, soul and body (1 Thes. 5:23; Heb. 4:12).
- He wants a relationship with our whole being: spirit, soul, and body

God's desire for us to love ourselves, others and Him more completely (inner healing)

- God's heart is to heal (Luke 4: 18-19, 21; Isa. 61:1-2; 35:3-10)
- Theological debate: what's been taken care of at the cross?
 - Spirit: restored to God, now just need to mature in God.
 - Soul: redemption of sin (Ephesians 1:7; 2 Corinthians 5:21), and cleansing of iniquity (secret, deliberate, or wickedness practiced and can be passed on from generation to generation in our lineage) Exodus 20:5- at least up to four generations
 - What's left?
 - The *power* of sin in our lives has already been broken, but the *consequences* and *patterns* of sin (in our lineage and in our present) is our responsibility.
- It is God's desire for complete healing in our spirit, soul and bodies.

Healing For Our Spirit, Soul and Body

- **Healing of our spirits:** (Psalm 34:18; Prov. 17:22;(timid spirit) 2 Tim. 1:7)
- Healing of the Body
- Healing of the Soul (Mind, Emotions, Will)
 - Thinking (Phil 4:8)
 - Emotions
 - Will
- *Again, it is God's desire for complete healing in our spirit, soul and bodies.*

Cycle of Wounding

- Wounds produce lies (Psalm 32 & 51)
- Lies Produce Belief Systems
- Belief Systems Create Behaviors
- Habit Structures Formed
- Character Development
- Personality

Mother & Father Wounding

- Fathers provide sense of “belonging”
- Wounds: Neglect, Rejection, Lack of validation, Lack of affection, Absence
- Fruit of Father Wounds: defensiveness, dislike being told what to do, resentment, feeling unsettled, not in right place. Women: seek too much validation from man, this is actually seeking father or father approval. Often ends in feeling of anger or rejection when not received.
- Global Truth: The need for nurture exists in each heart and, unfulfilled, will cause our spirit to search. Often this search becomes skewed by worldly or carnal pulls.
- Goal: To understand and accept our sexual identity and to be nurtured with validation. God can heal this wound

Mother & Father Wounding

- **Mothers provide:** sense of “being”: love, communication, identity, and especially security
- **Wounds:** lack of love, nurture, bonding, valued, comforted, validation, identity
- **Fruit of mother wounds:** fear of disappointing authority figures, not belonging, not being right, confusion of identity: “I should have been male/female”, need to earn approval.
- **Global Truth:** The need for security and nurture exists in each heart and, unfulfilled, will cause our spirit to search. Often this search becomes skewed by worldly or carnal pulls.
- **Goal:** Allow God to fill you with tenderness and nurture. To bond with you in love. We cannot re-bond with mother, but in Him we live and move and have our being. (Isa. 49:15-16)

Breaking the Cycle of Wound (Healing)

- Recognize that there is a mother/father wound.
- Allow the Holy Spirit to reveal the wound.
- Take time to “release” the attached emotions
- Forgive your father and mother
- Repent for judging them (get out of their reaping stream)
 - Bitter judgments
- Forgive yourself for receiving the wound
- Ask the Holy Spirit to heal completely
- Receive Nurture from your Heavenly Father and through others.
- Honor your heritage.

Changing Our Destiny: Claiming & Reclaiming Our Inheritance

- Healing of the spirit, soul, and body *can change your destiny!*
- Claiming the blessings from your parents and past generations *can change your destiny!* (Exodus: 20: 6, Psalm 112:2, Psalm 103: 17-18, 2 Tim 1:5)
- Our personal chooses will *impact our destiny, our legacy, and eternity (the Kingdom of God).*
- Choose each day...be determined in every action and in every decision you make!